



Living with incontinence survey 2012

This survey is for people living with incontinence who live in, or use NHS services in the area covered by NHS Berkshire West. The information will be analysed by an independent organisation and recommendations published widely. Please answer the questions by ticking your answers and writing in the comments boxes.

1. From the map above do you live in: West Berkshire Reading Wokingham
2. Are you: Male Female
3. Is your age: Under 18 18-34 35-49 50-65 66-80 Over 80
4. Which of these affects you, and how much?

	Not at all	Sometimes	Quite a lot	Most or all the time
Bladder incontinence				
Bowel incontinence				

5. Do you think your incontinence is linked to a particular condition? Y N

(if yes, please state)

6. Generally, how well are you able to manage your incontinence?

Not at all a little some of the time well almost all the time

7. Do you believe you have all the information, help and advice you need to manage your incontinence as well as you ever could?

Please add here any comments about your answers to questions 4 - 7

8. What impact does your incontinence have on any of the following?

	Very negative	Negative	Small or no impact	Positive	Very positive
My general physical health					
Condition of my skin					
Bladder infections					
My psychological outlook					
Leading an active life					
My quality of life					
Personal relationships					
My self-esteem.					
Being fulfilled					
Other (please state)					

Please add here any comments about your answers to question 8

9. How easy is it to find the following things that you may need?

	Easy	Fairly easy	Not very easy	Difficult
Timely and suitable information				
Timely and suitable advice				
Effective management options				
Effective products that suit me				
Effective support				
Ways to adapt to change				

Please add here any comments about your answers to question 9

10. How much do you agree or disagree with the following statements?

	Strongly agree	Agree	No view	Disagree	Strongly disagree	Not app
The NHS Continence Service is easy to contact						
The NHS Continence Service is well run						
The NHS Continence Service is well resourced						
I get all my continence care products free from the NHS						
The NHS products I use are the right quality for me						
It is easy to order or reorder continence care products from the NHS						
I have enough space to store my continence care products						
I am given appropriate continence care prevention information from the NHS						

Please add here any comments about your answers to question 10

11. How well do these understand and help you with your incontinence needs?

	Not applicable	Not at all	Small extent	Quite well	Very well
GP					
District / Community nurses					
Continence advisor					
Specialist Continence clinic					
Urology or bladder specialist					
Other hospital staff					
Physiotherapist					
Psychological support worker					
Occupational Therapist					
Social Services Care Manager					
Voluntary sector					
Other <i>(please specify)</i>					

Please add here any comments about your answers to question 11

12. What else would you like to say about 'Living with incontinence? What changes would you suggest, if any, to the way services are provided to people affected by incontinence?

My suggestions ...

13. Which statements best describe your mobility situation? (*please tick up to two*)

I am able-bodied, without any mobility impairment	<input type="checkbox"/>
I use a walking aid	<input type="checkbox"/>
I am a wheelchair user	<input type="checkbox"/>
I am confined to bed	<input type="checkbox"/>

14. Which of these applies (*please tick one box only*)

I filled in this form myself Someone helped me to complete this form

Thank you for completing this survey. Please return it in the envelope provided to:
West Berkshire LINK, 4-8 The Broadway, Northbrook Street, Newbury RG14 1BA

For further information please contact:

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West Berkshire Neurological Alliance

Representing all people in Berkshire West affected by a neurological condition

Registered Charity No: 1081021